



St. Xavier's College,
An Autonomous College of Ranchi
University, Ranchi



Empyrean Club
Rise Beyond

EMPYREAN CLUB

REG.ID - SXC/EC2023/BOT

DESIGN WORKSHOP

EVENT DETAILS :-

- Date: **6th February 2026**
- Time: **8:00 P.M. -9:30 P.M.**
- Conducted By: **Adeeb Ahmad** (Mentor)
- Event Coordinator: **Eram Firoz** (Design Team Head)
- Attendance : 35

ATTENDACE :-

- | | | |
|---------------------------------------|---------------------|----------------------|
| • Adeeb Ahmad (Mentor) | • Mahi Rani | • Sharib Ahmad |
| • Sufiyan Akhtar (President) | • Mahika Sri | • Samiksha Kundra |
| • Shaurya Raj (General Secretary) | • Shambhavi Bhushan | • Shreyash Anand |
| • Anushka Singh (Membership Director) | • Rohini Jha | • Sheezala Afrin |
| • Eram Firoz (Design Team Head) | • Monal Tamsoy | • Anshika Ragini Raj |
| • Bibha Kumari (Cultural Co-Head) | • Rishika Bala | • Akasmika Kumari |
| • Afia Parween | • Zaina Ayub | • Bhargavi Kumari |
| • Utkarsh Anand | • Priya Kumari | • Ankush Kumar |
| • Subhoshree Banerjee | • Mohak Raj | • Prashant Kumar |
| • Rashika Saman | • Hritika Dutta | • Gupta |
| • Ayushi Raj | • Avantika Singh | • Amosh Beck |
| • Anubhuti Kerketta | • Kuldeep Prasad | • Samiya Naaz |

INTRODUCTION :-

An Online Design Workshop was organized with the objective of enhancing the creative and technical skills of participants in the field of digital design. While the workshop was open to all interested members, it was mandatory for the Design Team to ensure that they gain a deeper understanding of the principles required to create effective and visually compelling posters. The event aimed to provide participants with both theoretical insights and practical exposure to modern design tools.





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AGENDA AND SESSION HIGHLIGHTS :-

- The workshop commenced with an introductory session by Adeeb Ahmad, who emphasized the importance of thoughtful and well-structured design in communication. He explained how a well-designed poster not only conveys information effectively but also captures the attention of the audience.
- A major part of the session involved a live demonstration on Canva, where participants were guided through the platform's design interface and tools.
- Adeeb Ahmad explained how Canva can be utilized to create professional and visually appealing posters through the use of templates, graphics, typography, and layout options. During the session, the mentor elaborated on several fundamental elements of good design, including:
 - Selecting appropriate color combinations to maintain visual harmony.
 - Choosing complementary fonts to ensure readability and aesthetic balance.
 - Maintaining proper spacing and alignment for a clean layout.
 - Balancing text and visual elements to avoid clutter.
 - Using graphics, icons, and design components effectively.
- Participants were also encouraged to explore various creative tools available on Canva to experiment with design styles and bring their ideas to life.
- Additionally, Adeeb Ahmad reviewed some existing poster designs and provided constructive feedback, pointing out areas where improvements could be made. He suggested ways to refine design structure, enhance visual appeal, and ensure clarity in communication.
- This interactive approach allowed participants to better understand practical design strategies and common mistakes to avoid while creating posters.





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KEY OBJECTIVES :-

- **Expert Guidance** - Participants received valuable guidance from the mentor regarding professional design practices and techniques used in poster creation.
- **Creative Development** - The session encouraged participants to think creatively and explore new design possibilities using modern digital tools.
- **Constructive Feedback** - Members were provided with helpful feedback on their designs, enabling them to identify areas for improvement and refine the skills.

FINAL DESIGN PRESENTED DURING THE WORKSHOP :-



CONCLUSION :-

The Online Design Workshop proved to be a highly informative and productive session for all participants. Through detailed explanations, live demonstrations, and constructive feedback, the workshop successfully equipped members-particularly the Design Team-with a clearer understanding of the principles and techniques involved in creating impactful poster designs. Overall, the session served as a valuable learning experience, motivating participants to apply these design principles in future projects and produce more creative, visually appealing, and effective designs.





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OUTCOME :-

- The workshop served as a valuable and insightful learning experience that strengthened participants' creative abilities and broadened their understanding of design concepts.
- By carefully choosing appropriate backgrounds and arranging various elements with intention, participants were able to improve their sense of visual harmony, structure, and precision.
- The activity promoted innovative thinking and provided an opportunity to explore different creative approaches, ultimately resulting in designs that were both aesthetically pleasing and thoughtfully organized.

FEEDBACK/ POINTS OF IMPROVEMENT:-

- While working on this task, a considerable amount of time was spent selecting an appropriate background and carefully choosing the elements that would best complement the overall design.
- Although this process was somewhat time-consuming, it also allowed for creativity and attention to detail. Overall, the experience was positive and enjoyable.
- The effort put into selecting the background and elements contributed to a more refined and visually appealing outcome, making the process worthwhile in the end. However, there are certain areas that could be improved in future workshops.
- The process of selecting backgrounds and elements was somewhat time-consuming, which could be made more efficient by providing clearer guidance or a wider range of pre-organized design resources.
- Additionally, allocating more time for experimentation and discussion would allow participants to explore their creativity more freely and gain deeper insights into design techniques.
- Keeping brief notes or feedback from participants and organizers can help identify what went wrong, and implement better strategies in future sessions.
- With these improvements, future workshops could become even more engaging, productive, and beneficial for all participants.





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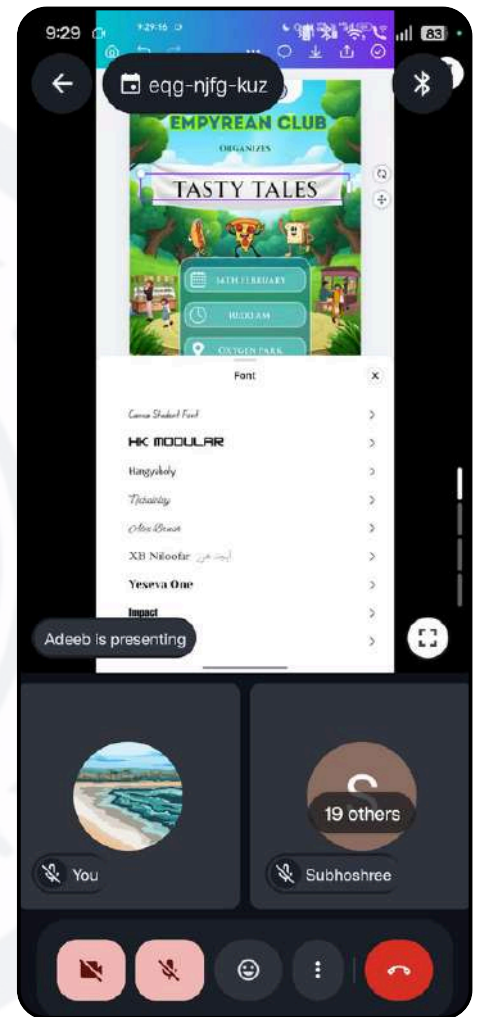
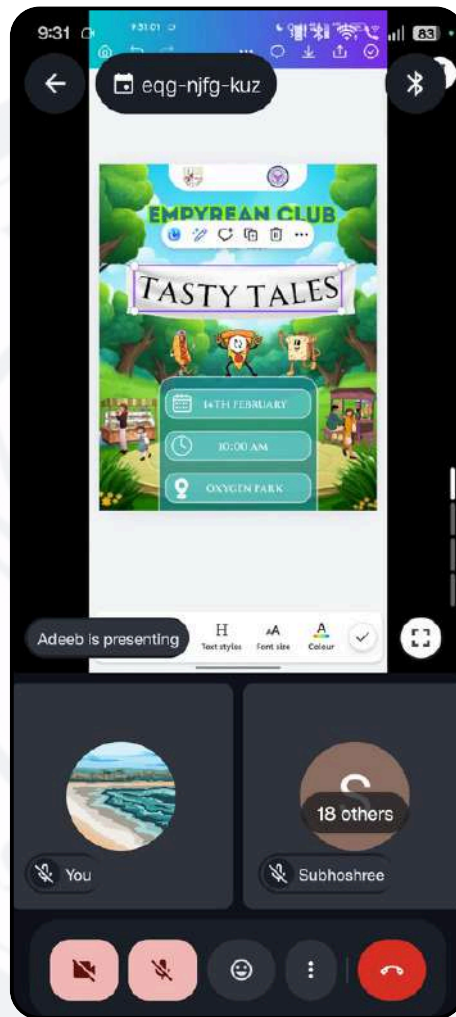
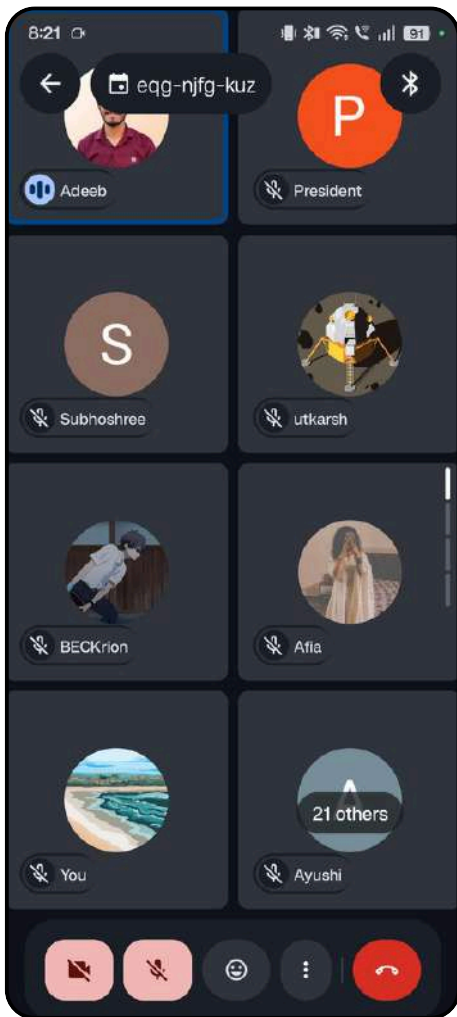


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DESIGN WORKSHOP



Issued By:
President & General Secretary,
Empyrean Club,
St. Xavier's College, Ranchi.

Mr. Sufiyan Akhtar
Mr. Sufiyan Akhtar
President

Mr. Shaurya Raj
Mr. Shaurya Raj
General Secretary

Prepared By:
Executive Director,
Empyrean Club,
St. Xavier's College, Ranchi.

Ms. Sarah Shariff
Ms. Sarah Shariff
Executive Director



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MENTAL HEALTH WORKSHOP

EVENT DETAILS : -

- Topic: Stress, Anxiety, and Overthinking in College Life
- Date: 7th February (Saturday)
- Time: 6:00 PM – 9:00 PM
- Mode: Online
- Platform: Google Meet
- Target Audience: Undergraduate Students (41 Students)

ORGANIZING TEAM : -

- Ms. Riya Sharma – Chief Organising Secretary
- Ankita Singh – Joint Organising Secretary

RESOURCE PERSON : -

- Ms. Nikita Gonia, Psychologist and Mental Health Professional

OBJECTIVE OF THE WORKSHOP : -

The objective of the workshop was to help students understand mental health challenges such as stress, anxiety, and overthinking during college life, and to equip them with practical coping strategies to promote emotional well-being.

OUTCOME AND FEEDBACK : -

Feedback collected through Google Forms revealed that participants felt relaxed, peaceful, and emotionally lighter after the session.

The interactive activities and guided meditation helped students release stress and gain clarity.





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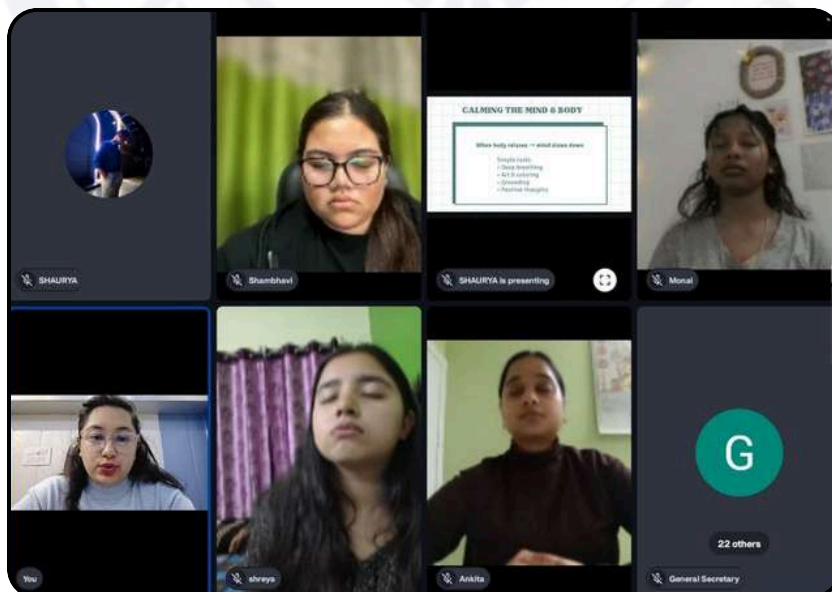
MENTAL HEALTH WORKSHOP

BENEFITS TO EMPYREAN CLUB STUDENTS : -

- Increased awareness of mental health issues
- Better understanding of thoughts, emotions, and stress triggers
- Practical techniques for stress and anxiety management
- Improved emotional regulation and self-awareness
- Encouragement to seek professional help when required

ATTENDANCE (41 PARTICIPANTS) : -

- Ankita Singh • Riya Sharma • Shouboshree Banerjee • Shaurya • Eram • Zaina • Ayur
- Shambhavi • Sharib • Bibha • Shreya • Sumedha • Ankush Kumar • Anshika Ragini Raj
- Priya Kumari • Rohini Jha • Afia • Monal • Pawni • Rishav • Prachi • Anubhuti
- Sanya Esther • Shreysh • Priyanshu • Archana • Mauli • Mahi • Divyanshu • Rishika
- Subhodeep • Sheejala • Insha • Akanksha • Nivedita • Tuhina Bose • Somya Pathak
- Deepika Kumari • Anushka Singh • Deepika • Rishita Saha





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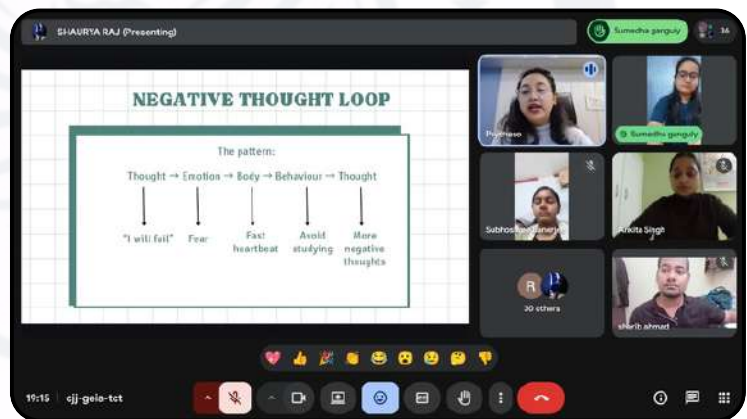
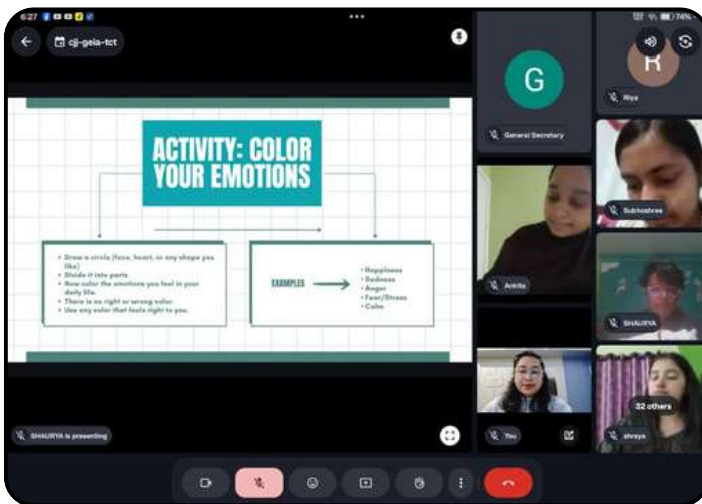


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MENTAL HEALTH WORKSHOP



CONCLUSION : -

The Mental Health Workshop organised by the Empyrean Club was a successful initiative that positively impacted the participants. The inclusion of interactive activities and guided meditation made the session meaningful and effective.

Issued By:
President,
Empyrean Club,
St. Xavier's College, Ranchi.

Mr. Sufiyan Akhtar
Mr. Sufiyan Akhtar
President

Prepared By:
Executive Director,
Empyrean Club,
St. Xavier's College, Ranchi.

Ms. Sarah Shariff
Ms. Sarah Shariff
Executive Director



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DIGITAL SCAVENGER HUNT

DETAILS OF THE EVENT : -

- **Date:** 27th & 28th February, 2026
- **Time:** 7 pm - 8 pm (1st day); and 7 pm - 9 pm (2nd day)
- **Mode:** Online
- **Platform:** Google Meet
- **Name of the Coordinators:** Subhodeep Poddar (COS); Maria Shariff (JOS)
- **No. of participants:** 13

OVERVIEW : -

The Digital Scavenger Hunt was organized as an interactive and engaging competition for the club members, based on the theme of College Campus Exploration . The event was designed to test participants' observation skills, logical reasoning, and familiarity with the college campus in a creative digital format.

The competition consisted of three structured rounds -

- The first round was a Video Round conducted through Google Form, where participants watched a short video of the campus and answered questions based on their observations.
- The second round was a Riddle Round conducted live via Google Meet, where participants solved campus-related riddles.
- The third round was a Picture Round conducted through Google Form, which included zoomed-in images, jigsaw puzzle images, and pictures of various campus locations that participants had to identify. The event was conducted smoothly and received enthusiastic participation from all members.

KEY HIGHLIGHTS : -

- A three-round competitive structure testing different skill sets.
- Use of multimedia elements such as video clips and zoomed-in/jigsaw images.
- A live riddle-solving session through Google Meet, increasing engagement and excitement.
- Strong competitive spirit among participants.
- Smooth coordination and time management throughout the event.





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DIGITAL SCAVENGER HUNT

OBJECTIVES OF THE EVENT : -

- To enhance observation and analytical skills of participants.
- To encourage logical thinking through riddles and problem-solving tasks.
- To promote familiarity with the college campus in an engaging manner.
- To foster healthy competition among club members.
- To increase active participation through digital platforms.

DETAILED ATTENDANCE : -

The following participants were present and participated in the Digital Scavenger Hunt:

1. Adeeb Ahmad
2. Sufiyan Akhtar
3. Monal Tamsay
4. Ayur Kumar
5. Ridhi Kalwar
6. Pawni Palak
7. Aditi Roy
8. Rohini Jha
9. Sheejala Afrin
10. Shubhangi Kumari
11. Sarah Shariff
12. Bibha Kumari
13. Sumedha Ganguly

OUTCOME OF THE EVENT : -

- Participants improved their ability to analyze complex clues and think outside the box to identify campus locations.
- For those competing in duos, the event strengthened communication and rapid decision-making skills.
- The event successfully bridged the gap between digital platforms and physical campus knowledge.





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DIGITAL SCAVENGER HUNT

RESULTS: -

- 1st - Monal Tamsoy
- 2nd - Ridhi Kalwar
- 3rd - Sumedha Ganguly & Ayur Kumar

CONCLUSION : -

The Digital Scavenger Hunt provided a successful and enjoyable experience for all involved. It significantly enhanced interaction among members and created lasting, memorable experiences. This event serves as a clear demonstration that digital activities remain a highly effective and engaging way to connect the students .

Issued By:
President,
Empyrean Club,
St. Xavier's College, Ranchi.

Mr. Sufiyan Akhtar
President

Prepared By:
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Ms. Sarah Shariff
Executive Director

